8º CONGRESSO NACIONAL DE MEDICINA ESTÉTICA

CASCAIS
5, 6 e 7 DEZ
2024

SCIENTIFIC PROGRAM

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sociedade portuguesa de medicina estética

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The house of Medical Aesthetics

AESTHETIC MEDICINE
DERMATOLOGY
PLASTIC SURGERY

8º CONGRESSO NACIONAL DE MEDICINA ESTÉTICA

THE LARGEST AESTHETIC MEDICINE DERMATOLOGY & PLASTIC SURGERY CONGRESS IN PORTUGAL

BY FAR

2023 CONFIRMED AUDIENCE
726 PARTICIPANTS

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WELCOME LETTER

Dear Colleagues and Friends,

Welcome to the 8th National Congress of Aesthetic Medicine.

We are thrilled to invite you to this esteemed international gathering of aesthetic doctors, dermatologists, and plastic surgeons.

Aesthetic medicine is an exciting and rapidly advancing field, and our congress aims to unite the brightest minds and leading experts in the industry.

As a participant, you will have the unique opportunity to engage with renowned physicians at the forefront of their disciplines. They will share their expertise, present groundbreaking research, and discuss emerging trends that are shaping the future of aesthetic medicine, dermatology, and plastic surgery.

The National Congress of Aesthetic Medicine is not just about lectures and presentations, it is a platform for meaningful interactions and collaborations. Connect with colleagues from around the world, exchange ideas, and foster professional relationships that can elevate your practice to new heights.

In addition to our world-class scientific program, we have curated an exhibition area where leading companies and industry pioneers will showcase their latest products, technologies, and services.

Cascais, Lisbon, with its stunning coastal location and rich cultural heritage, provides an exquisite setting for our congress. Take advantage of your time here to immerse yourself in the local charm, explore the picturesque surroundings, and create unforgettable memories. Save the dates, make your plans, and prepare for an extraordinary experience.

Join us at the 8th National Congress of Aesthetic Medicine and become a part of a community dedicated to excellence in medical aesthetics.

We look forward to welcoming you to an unforgettable event that will shape the future of Aesthetic Medicine.

Best regards,

João Pedro Vale
President

CONGRESS OVERVIEW

Key Information

Dates: 5th - 7th December, 2024

City: Cascais, Portugal

Venue: Hotel The Oitavos, , R. de Oitavos, 2750-374 Cascais

Host: SPME, Portuguese Society of Aesthetic Medicine

Website: https://www.spme.pt/ecam

Important SPME Contacts:

Website: www.spme.pt

Email: secretariado@spme.pt

Phone: 351 910 472 547

Sponsor & Exhibitor Key Dates

Final payment of sponsorship fees: by 1th November, 2024

Final Delegate registration: by 1th November, 2024

Final Invited Doctors registration: by 15th November, 2024

Exhibit booth set up: 5th December, 2023

Exhibit dates: 6th - 7th December, 2023

Exhibit booth dismantling: 7th December, 2023

DON'T MISS OUT!

CONGRESS HIGHLIGHTS

How I do it

NEW FOR THIS YEAR

Don't miss this enlightening session in the **main congress room**! Watch as three renowned experts share their unique methods, demonstrating each step of their procedures through exclusive videos—from application to final results. A detailed look into clinical practice and an invaluable learning opportunity, crafted just for you.

Live Demo by a Star

Don't miss the electrifying Live Demo by a Star session in the **main congress room**! Witness a renowned speaker performing a **treatment live**, free from commercial interests. An unmissable showcase of **expertise**, exclusively for you.

Workshops & Symposia

Don't miss the unparalleled **workshops** and **symposiums** at the National Congress of Aesthetic Medicine. Enjoy **free entry** with no pre-registration required, featuring live treatment demonstrations and the latest trends in aesthetic medicine. Hurry, as seating is limited!

SPMEapp

Unlock the **full congress experience** with the SPME App! From program details and exhibitors to interactive sessions, this app has it all. Join us on December 5th and engage directly with speakers through **live interaction during lectures** – an essential tool for maximizing your Congress participation

Awards Ceremony

Get ready for an unforgettable evening at the Awards Ceremony during the Congress Thematic Dinner! We will honor the standout contributions of the congress, with awards for the best scientific knowledge sharing. Join us as we bring the congress to a close in a spirit of elegance and excitement.

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THE COMMITTIES & SPEAKERS

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Petra Vega
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Nelson Rosas
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Bruno Ferreira
AESTHETIC MEDICINE



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DERMATOLOGY



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Áurea Lima
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Katia Cobas Roja
AESTHETIC MEDICINE



Inês Neves
AESTHETIC MEDICINE



João Freitas
AESTHETIC MEDICINE



Mariana Vaz
AESTHETIC MEDICINE

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Hélder Silvestre
PLASTIC SURGERY



Sandrine Sebban
AESTHETIC MEDICINE



Vitor Figueiredo
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Sandra de Oliveira
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CRIE O EXTRAORDINÁRIO

PRESERVANDO A INDIVIDUALIDADE DE CADA PACIENTE[1]



PROPORCIONE
Resultados naturais[2,3]*

ENTREGUE
Resultados até 24 meses[4]**

PROMOVA
Elevada satisfação dos seus pacientes[5-7]

COLABORE
Com a nossa experiência, qualidade e inovação[8,9]

*Pela alta integração nos tecidos.
**Os resultados podem ter a duração de até 24 meses, dependendo do produto da gama Juvéderm utilizado e da área tratada.

A responsabilidade das decisões de tratamento recai sobre o médico responsável pelo tratamento. As necessidades de tratamento devem ser sempre baseadas na avaliação clínica do diagnóstico individual do paciente. Recomenda-se a consulta das Instruções de Utilização de cada produto antes de realizar um tratamento.

Referências:
1. de la Guardia C, et al. Facial Plast Surg. 2022 Apr; 38(2): 116-123. 2. Hee CK et al. Dermatol Surg. 2015;41(1 Suppl):S373-81. 3. Philipp-Dormston WG et al. J Cosmet Dermatol. 2014;13:125-34. 4. Goodman GJ, et al. Plast Reconstr Surg. 2015 Nov;136(5 Suppl):139S-148S. 5. Lanigan S. J Cosmet Dermatol. 2011. 6. Demosthenous, N et al. Aesthetic Surgery Journal Open Forum 2022, 1–7. 7. Eccleston D, Murphy DK. Clinical, Cosmetic and Investigational Dermatology. 2012:5: 167–172; 8. Stephens H. 2000. Allergan's first fifty years. Greenwich Pub. Group, Lyme, CT, USA. 9. AbbVie. Product quality & Safety. Available at: https://www.abbvie.com/societal-impact/for-the-well-being-of-our-patients/upholding-the-highest-quality.html. Accessed July 2024. 10. Juvéderm® VOLITE IFU. 11. Juvéderm® VOLBELLA with lidocaine IFU. 12. Juvéderm® VOLIFT with lidocaine IFU. 13. Juvéderm® VOLUMA with lidocaine IFU. 14. Juvéderm® VOLUX IFU.

Allergan Aesthetics
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PT-AGNA-240093 | Data de preparação: 11/2024.

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Híbrido injetável Pronto-a-usar[1,*]

Ácido Hialurónico + Hidroxiapatite de Cálcio



Sabia que pacientes com falta de firmeza na pele podem ser possíveis pacientes para HArmonyCa™?[2]

Imagem para fins ilustrativos.

*Seringa pré-cheia sem necessidade de reconstituição.

A responsabilidade das decisões de tratamento recai sobre o médico responsável pelo tratamento. As necessidades de tratamento devem ser sempre baseadas na avaliação clínica do diagnóstico individual do paciente. Recomenda-se a consulta das Instruções de Utilização de cada produto antes de realizar um tratamento.

Referências:
1. Allergan Aesthetics. HArmonyCa™ Lidocaine IFU. M032 V01. 2021.
2. Rovatti PP, Pellacani G, Guida S. Hyperdiluted Calcium Hydroxylapatite 1:2 for Mid and Lower Facial Skin Rejuvenation: Efficacy and Safety. Dermatol Surg. 2020. Dec;46(12):e112-e117.

PT-AGNA-240092 | Data de preparação: 11/2024

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MORPHEUS8 3D



THE SCIENTIFIC PROGRAM

DAYS
TIME
SESSIONS
SCHEDULE

PROGRAMME AT A GLANCE

December 5th
WORKSHOPS
8:30 Registration Opening

	ROOM ONE	ROOM TWO
09:30		WORKSHOP SKINSOLUTIONS
10:30	PREMIUM WORKSHOP SKYMEDIC	WORKSHOP SKINSOLUTIONS
11:30	PREMIUM WORKSHOP ALLERGAN	WORKSHOP MESOESTETIC
12:30	PREMIUM WORKSHOP INMODE	WORKSHOP FILLMED
13:30		
15:00	PREMIUM WORKSHOP GALDERMA	WORKSHOP ASTERASYS
16:00	PREMIUM WORKSHOP ARTHREX	WORKSHOP BTL
17:00	PREMIUM WORKSHOP IBSA	WORKSHOP AESTHETIC CONCEPT
18:00	PREMIUM WORKSHOP SALUS2BE	WORKSHOP CROMA

December 6th
SCIENTIFIC SESSIONS
8:30 Registration Opening

	ROOM ONE	ROOM TWO
09:00	FACE & BODY LIVE DEMO BY A STAR	
10:00	COMPLICATIONS AVOIDING MISTAKES, THE FUNDAMENTAL	SYMPOSIA ALLERGAN
11:00	Coffee Break	
11:30	FACE & BODY BACK TO THE BASICS	SYMPOSIA MERZ
12:30	FACE & BODY EXCELLENCE IN AESTHETIC MEDICINE	SYMPOSIA SORISA
13:30	Lunch Break	
15:00	FACE PERIOCULAR EXCELLENCE: TOTAL EYE REJUVENATION	SYMPOSIA ASTERASYS
16:00	SPME OPENING CEREMONY	
17:00	Coffee Break	
17:30	FACE & BODY HOW I DO IT	SYMPOSIA MEDBEAT
18:30	FACE AESTHETIC MEDICINE PEARLS	

December 7th
SCIENTIFIC SESSIONS
8:30 Registration Opening

	ROOM ONE	ROOM TWO
09:00	FACE & BODY LIVE DEMO BY A STAR	TRICHOLOGY HAIR RESTORATION TODAY
10:00	FACE & BODY NEW TRENDS IN AESTHETIC MEDICINE	
11:00	Coffee Break	
11:30	FACE & BODY ILLUMINATING AESTHETICS : LASER & ENERGY BASED DEVICES	SYMPOSIA INMODE
12:30		SYMPOSIA REFERENCE MEDICAL
13:30	Lunch Break	
15:00	ROUNDTABLE BIOSTIMULATORS: WHICH, HOW, TO WHOM?	SYMPOSIA ELAN
16:00	FACE & BODY SKIN FROM PATHOLOGY TO AESTHETICS	BEYOND AGING MEDICINE FOR A HEALTHIER TOMORROW
17:00	Coffee Break	
17:30	FACE MY TIPS AND TRICKS	FACE & BODY FREE COMMUNICATIONS

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SCIENTIFIC PROGRAMME

December 5 | WORKSHOPS

09:00 Registration opening

09:30 STANDARD ROOM

WORKSHOP
Farmácia Avenida Brasil
A farmacogenética como ferramenta para o tratamento da queda do cabelo

Flávia Barsali
Aesthetic Medicine, BRA

10:30 PREMIUM ROOM

WORKSHOP PREMIUM
Skymedic
Protocolos avançados em Medicina Regenerativa: facial, capilar e íntimo

Isabel Hermenegildo e Ricardo Guilherme
Aesthetic Medicine, PT

STANDARD ROOM

WORKSHOP
Skin Solutions
Forza Laser da Dermaqual Paris: um sistema único de laser em estado sólido

Olga Koriakina
Dermatology, LT

11:30 PREMIUM ROOM

WORKSHOP PREMIUM
Allergan
Revitalized look

Adriana Relvas
Aesthetic Medicine, PT

STANDARD ROOM

WORKSHOP
Mesoestetic
Abordagem integral da zona periorbitária através da estratégia terapêutica PATH da Mesoestetic®

Andreia Gonçalves
Aesthetic Medicine, PT

12:30 PREMIUM ROOM

WORKSHOP PREMIUM
InMode
Eleve os seus resultados com Morpheus8: protocolos avançados, resultados consistentes

Pedro Alberto Santos
Aesthetic Medicine, PT

STANDARD ROOM

WORKSHOP
Fillmed
Protocolo Anti-sagging: reposicionamento do tecido cutâneo para efeito lifting

Áurea Lima
Aesthetic Medicine, PT

13:30 Lunch Break

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December 5 | WORKSHOPS

15:00	PREMIUM ROOM	WORKSHOP PREMIUM **Galderma** Bioestimulação de colagénio	
	STANDARD ROOM	WORKSHOP **Asterasys** Mais eficácia na diminuição da gordura submentoniana com Liftera	**Inês Neves** Aesthetic Medicine, PT
16:00	PREMIUM ROOM	WORKSHOP PREMIUM **Arthrex** Masterclass Arthrex aesthetics: exossomas derivados de plaquetas e fibrina rica em plaquetas (PRF)	**João Freitas** Aesthetic Medicine, PT
	STANDARD ROOM	WORKSHOP **BTL** Ação sinérgica nas diferentes camadas da pele: RF fracionada, ablativa e monopolar	**Mariana Vaz** Aesthetic Medicine, PT
17:00	PREMIUM ROOM	WORKSHOP PREMIUM **IBSA** Restauração do tecido adiposo facial com complexos híbridos cooperativos	**Hélder Silvestre** Plastic Surgery, PT
	STANDARD ROOM	WORKSHOP **Aesthetic Concept** Tratamentos faciais/corporais combinando PDLLA+HA com tecnologia CryoRF Max e Refreeze	**Jorge Navarro** Aesthetic Medicine, CUB
18:00	PREMIUM ROOM	WORKSHOP PREMIUM **Salus2Be** Revanesse: a revolução do ácido hialurónico	**Sandrine Sebban** Aesthetic Medicine, FRA
	STANDARD ROOM	WORKSHOP **Croma** Polinucleótidos vs Exossomas: diferenças e combinações	**Adriana Rodriguez** Aesthetic Medicine, VEN

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SCIENTIFIC PROGRAMME

December 6 | SCIENTIFIC SESSIONS

08:30 Registration opening

09:00 SPME MAIN ROOM

FACE
Live Demo by a STAR

Tratamento Full Face com recurso a Ácido Hialurónico através da técnica de Reestruturação Dinâmica RD®: LIVE TREATMENT

Chairman: Juan Lopez
Moderator: Nelson Rosas

Jorge Mercado
Aesthetic Medicine, SPA

10:00 SPME MAIN ROOM

COMPLICATIONS
Avoiding Mistakes, The Fundamental

Complicações em Medicina Estética: casos reais e abordagens comprovadas

Gestão de complicações em procedimentos estéticos e cirúrgicos: soluções e estratégias eficazes

Complicações pós tratamentos Laser, como abordar?

Chairman: Gonzalo Amigo
Moderator: Biscaia Fraga

Juliana Pais
Aesthetic Medicine, PT

Luisa Magalhães Ramos
Plastic Surgery, PT

Marisa André
Dermatology, PT

ROOM INMODE

Symposia
Allergan

Medicina Estética Personalizada

Ricardo Areal e Vitor Figueiredo
Aesthetic Medicine, PT

11:00 Coffee Break

11:30 SPME MAIN ROOM

FACE
Back To The Basics

Rosto: da estrutura ao pormenor

Flacidez corporal no abdómen, braços, coxas e glúteos: quando a cirurgia é a melhor solução

Fundamentos das formulações cosméticas: construindo rotinas personalizadas por idade e tipo de pele

Chairman: Fernando Guerra
Moderator: Adriana Relvas

Rita Dias Ferreira
Aesthetic Medicine, PT

Eduardo Matos
Plastic Surgery, PT

Catarina Moreira
Dermatology, PT

ROOM INMODE

Symposia
MERZ

Skinbuilding como estratégia para uma bioestimulação regenerativa. Marcação mandibular no paciente masculino

Sandra de Oliveira
Aesthetic Medicine, SPA

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SCIENTIFIC PROGRAMME

December 6 | SCIENTIFIC SESSIONS

12:30 — SPME MAIN ROOM

FACE & BODY

Excellence In Aesthetic Medicine

Células-tronco na Medicina Estética: potencial regenerativo e desafios clínicos

Sinergia inovadora: uma técnica de quatro modalidades para um rejuvenescimento orbital ideal

Protocolo fullface con Toxina Botulinica

Chairman: João Pedro Vale
Moderator: Petra Vega

David Vásquez
Rheumatology, SPA

Dagné Pupo
Aesthetic Medicine, CUB

Adriana Rodriguez
Aesthetic Medicine, VEN

ROOM INMODE

Symposia

Sorisa

Dermapen synthetic, human skin-compatible Exosomes: a new era of regenerative combination therapies

Márcia Vandewalle

13:30 — Lunch Break

15:00 — SPME MAIN ROOM

FACE

Periocular Excellence: Total Eye Rejuvenation

A importancia da sobrancelha no rejuvenescimento facial

Rejuvenescimento das pálpebras: apenas a cirurgia é solução

Porque nao preciso de cirurgia para rejuvenescer o olhar

Chairman: Mário Jorge Santos
Moderator: Nuno Moura-Coelho

Rui Lima
Plastic Surgery, PT

Tiago Baptista Fernandes
Plastic Surgery, PT

Pedro Alberto Santos
Aesthetic Medicine, PT

ROOM INMODE

Symposia

Asterasys

Inovação, Resultados e rentabilidade: o futuro da medicina estética com Liftera

Mariana Veloso
Dermatology, BRA

16:00 — SPME MAIN ROOM

SPME

8th National Congress of Aesthetic Medicine Opening Ceremony

Com a presença do Bastonário da Ordem dos Médicos, Dr. Carlos Faria Cortes

17:00 — Coffee Break

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December 6 | SCIENTIFIC SESSIONS

17:30 — SPME MAIN ROOM

FACE & BODY

How I Do It

Rinobotox: técnica mista de Ácido Hialurónico e Toxina Botulínica para melhorar resultados

Tratamento de cicatriz traumática na face com combinação de Lasers

Bioestimuladores faciais: combinando fios tensores de dupla função com injetáveis

Chairman: Eduardo Lima
Moderator: António Pinto

Jorge Peréz
Aesthetic Medicine, CUB

Rafael Nobre
Maxillofacial Surgery, PT

João Lima
Plastic Surgery, BRA

ROOM INMODE

Symposia

Medbeat

Cellular Matrix: o efeito sinergístico do PRP da RegenLab com Ácido Hialurónico não reticulado de alto peso molecular

Paloma Tejero
Aesthetic Medicine, SPA

18:30 — SPME MAIN ROOM

FACE

Aesthetic Medicine Pearls

Perfiloplastia e contorno facial com injetáveis: abordagem prática

Rejuvenescimento labial: tratamentos combinados para resultados otimizados

Técnicas de remoção de maquilhagem permanente: o que saber?

Chairman: Luis Uva
Moderator: Eduardo Matos

Lisandro Farollch
Aesthetic Medicine, SPA

Nelson Rosas
Aesthetic Medicine, BRA

Stephan Grosse-Buening
Dermatology, GER

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December 7 | SCIENTIFIC SESSIONS

08:30 Registration opening

09:00 — SPME MAIN ROOM

FACE

Live Demo by a STAR

Redefinição total do oval do rosto: abordagem do ângulo da mandíbula combinado com mentoplastia: LIVE TREATMENT

Chairman: Diogo Figueiredo
Moderator: Pedro Melo

Enrique Romero
Aesthetic Medicine, SPA

ROOM INMODE

TRICHOLOGY

Hair Restoration Today

Sinergia da associação do PRP e Laser fracionado não ablativo na Alopecia Androgenética: casos clínicos

Maximizando resultados na alopecia androgenética: tratamentos e protocolos inovadores

Alopecia - terapia tópica vs terapia oral

Transplante capilar em alopecias cicatriciais: relato de casos clínicos

Gestão estratégica e tratamento (médico e cirúrgico) da alopecia androgenética avançada

Hairline perfeita no transplante capilar?

Moderator: Henrique Machado
Moderator: Bruno Pinto Gonçalves

Meylen Navarro
Aesthetic Medicine, PT

Ana Cristina Barcelos
Dermatologia, BRA

Alia Ramazanova
Aesthetic Medicine, PT

Raquel Magalhães
Aesthetic Medicine, PT

Bruno Ferreira
Aesthetic Medicine, PT

Tiago Abreu
Aesthetic Medicine, PT

10:00 — SPME MAIN ROOM

FACE & BODY

New Trends In Aesthetic Medicine

Exossomas: a nova fronteira na regeneração celular e rejuvenescimento estético?

Laser & drug delivery

Serão as redes sociais importantes para elevar a autoridade do médico?

Chairman: António Massa
Moderator: Miguel Morgado

Miguel Angel Ortega
Histology, SPA

Alexandra Osório
Dermatology, PT

Aline Bak
Marketing, BRA

11:00 Coffee Break

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SCIENTIFIC PROGRAMME

December 7 | SCIENTIFIC SESSIONS

11:30 — SPME MAIN ROOM

FACE & BODY

Illuminating Aesthetics : Laser & Energy Based Devices

Chairman: Pedro Alberto Santos
Moderator: Miguel Trincheiras

Abordagem integral, por planos, de cicatrizes com recurso a Laser	**César Arroyo** Aesthetic Medicine, PT
Rejuvenescimento facial com associação de IPL e Laser fraccionado não ablativo	**Jorge Navarro** Aesthetic Medicine, PT
Laser sub-dermico para tratamento de flacidez cutânea: experiência multicêntrica	**Pedro Melo** Aesthetic Medicine, PT
Lifting cervicofacial minimamente invasivo com laser de 1470nm	**Heisman Bruno** Aesthetic Medicine, ESP
Laser CO2 indicações e cuidados	**Nuno Menezes** Dermatology, PT
HIFU: Como garantir resultados e como e quando associar a injetáveis ou outras tecnologias	**Eduardo Lima** Aesthetic Medicine, BRA

ROOM INMODE

Symposia

Inmode

Total Body Solution: A Sinergia de EvolveX e Morpheus8 3D na Remodelação Corporal Integral	**Adriana Relvas** Aesthetic Medicine, PT

12:30 — ROOM INMODE

Symposia

Reference Medical

Avanços no Ultrassom Micro e Macro Focado: o que o Ultraformer MPT traz de novo	**Judith Cavalcante** Dermatology, BRA

13:30 — Lunch Break

15:00 — SPME MAIN ROOM

ROUNDTABLE

Biostimulators: WHICH, HOW, TO WHOM?

Chairman: Paloma Tejero
Moderator: Margarida M. V. Coelho

Como obter o máximo resultado com o Ácido Polilático no rosto e no corpo?	**Enrique Romero** Aesthetic Medicine, SPA
A vantagem de combinar Ácido Hialurónico e Hidroxiapatite de Cálcio numa única injeção	**Ana Hospido** Aesthetic Medicine, SPA
Utilização da Hidroxiapatite de Cálcio na bioestimulação regenerativa da face e pescoço	**Damian Romero** Plastic Surgery, CUB

ROOM INMODE

Symposia

Elan

The New Aesthetic Trend: PDO Bio-stimulator ULTRACOL	**Hanjin Kwow** Aesthetic Medicine, KOR

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SCIENTIFIC PROGRAMME

December 7 | SCIENTIFIC SESSIONS

16:00 — SPME MAIN ROOM

FACE & BODY

Skin From Pathology To Aesthetics

Chairman: Paulo Filipe
Moderator: Pedro Cabeça Santos

Envelhecimento e harmonia: quando menos é mais

António Santos
Dermatology, PT

Hiperpigmentações: abordagem diagnóstica e terapêutica

Catarina Alves
Dermatology, PT

Novidades no tratamento da acne com Laser

Leandro Silva
Dermatology, PT

ROOM INMODE

BEYOND AGING

Medicine for a Healthier Tomorrow

Moderator: Carolina Aires

A importância do VO2MAX na longevidade

Mara Fragomeni
Plastic Surgery, BRA

Evitando a "Ozempic Face": a força da abordagem holística no tratamento da obesidade.

Juliana Guedes
Aesthetic Medicine, BRA

Medicina integrativa e autoestima

Giovanna Diegues
General Surgery, PT

Medicina Estética isolada, faz sentido?

Andrea Salgueiro
Aesthetic Medicine, PT

Impacto da menopausa na obesidade: a culpa é só das hormonas ?

Marta Padilha
Gynecology, PT

17:00 — Coffee Break

17:30 — SPME MAIN ROOM

FACE & BODY

My tips and tricks

Chairman: Pedro Alves
Moderator: João Almeida

Como abordar o terço inferior da face: dicas de tratamento

Petra Vega
Aesthetic Medicine, SPA

Reestruturação dinâmica: utilizar de forma favorável o efeito que os preenchimentos têm sobre a mímica facial.

Jorge Mercado
Aesthetic Medicine, SPA

Síndrome pós hialuronidase

Odalys Torres
Aesthetic Medicine, CUB

Técnica Tejero-Gil: Aperfeiçoando o uso de fios de tensão e suspensão em Medicina Estética

Paloma Tejero
Aesthetic Medicine, SPA

Código de barras: soluções avançadas para o rejuvenescimento do lábio superior

Joana Parente
Aesthetic Medicine, PT

Gluteoplastia não cirúrgica: como obter resultados através da combinação de bioestimuladores e tecnologia avançada

Carolina Garzon
Plastic Surgery, COL

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SCIENTIFIC PROGRAMME

December 7 | SCIENTIFIC SESSIONS

17:30 ROOM INMODE

FACE & BODY

Free Communications

Agentes reticulantes: o que sabemos hoje

Facelift Revolution by MV

Tratamento facial completo com medicina regenerativa: novo protocolo com radiofrequência fracionada microagulhada e polinucleótidos.

Redes Sociais em Medicina Estética

Moderator: Joana Vale

Adelia Ramazanova
Aesthetic Medicine, PT

Mariana Veloso
Dermatology, BRA

Adriana Rodriguez
Aesthetic Medicine, VEN

Sónia Martins
Aesthetic Medicine, PT

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SIMPÓSIO **7 de Dezembro . 12h30**

Dermapen Synthetic, Human Skin-Compatible Exosomes

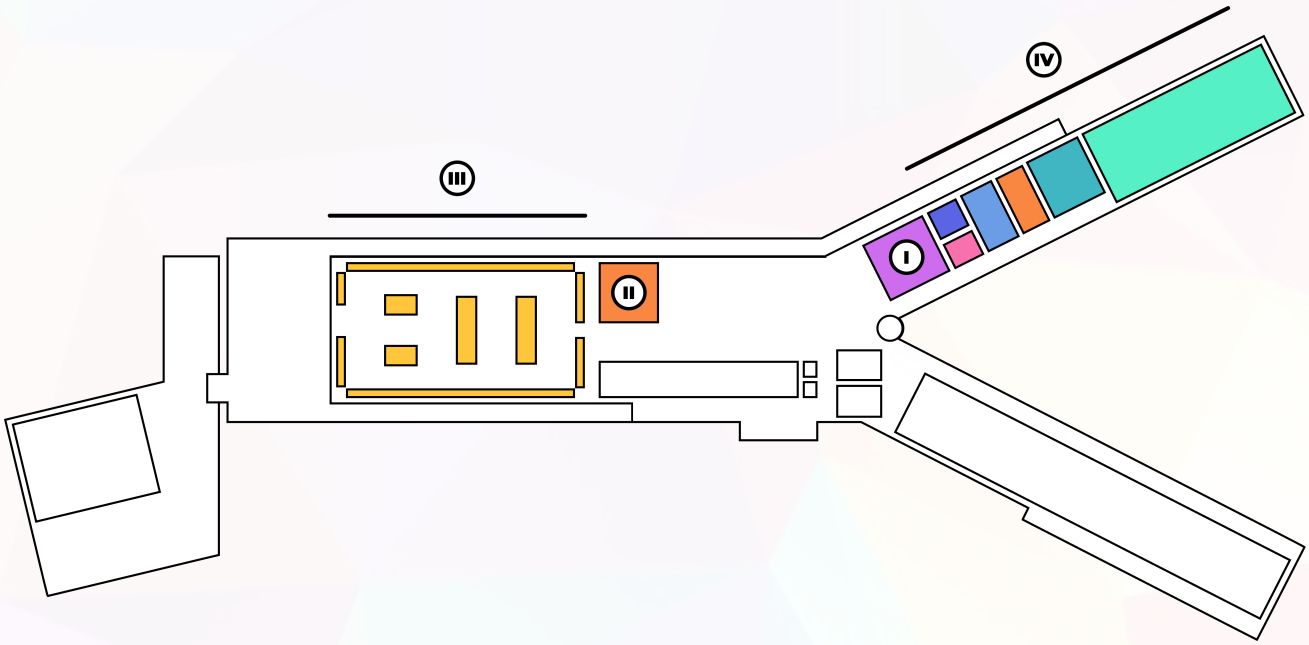
A new era of regenerative combination therapies



THE CONGRESS VENUE

FLOORPLAN
LOCATION
ACCOMMODATION

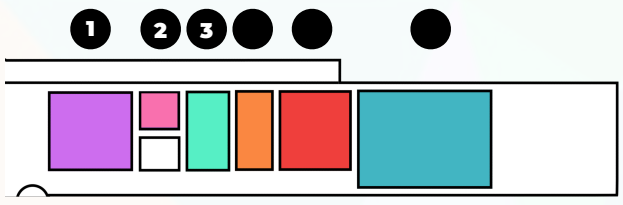
CONGRESS FLOOR PLAN



- I Registration
- II Photocall
- III Exhibition + Food & Beverage
- IV Conference & Breakout Rooms

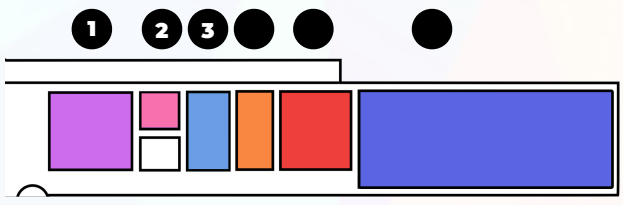
IV Conference & Breakout Rooms

December 5th



1	Registration	5	SPME Board Room
2	Speakers Rooom	6	Workshop Premium
3	Workshop Standard		
4	The SPME Lounge		

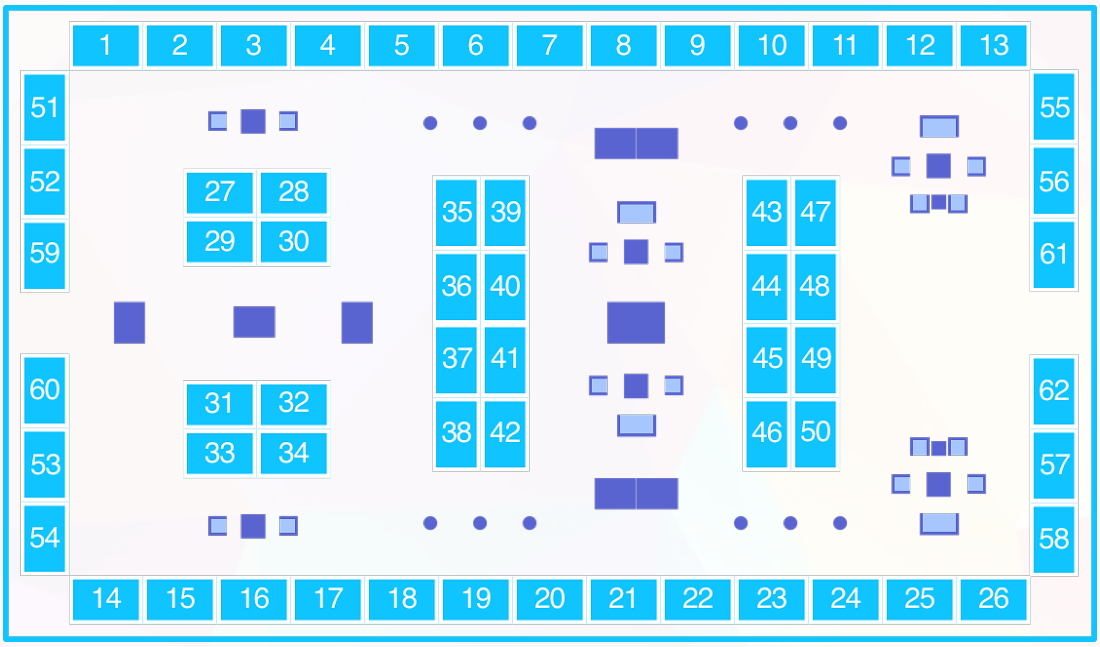
December 6th & 7th



1	Registration	5	SPME Board Room
2	Speakers Rooom	6	SPME Main Room
3	Inmode Room		
4	The SPME Lounge		

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EXHIBITION FLOOR PLAN



1	TEOXANE	17	INNOAESTHETICS	33	CROMA	49	MED BEAT
2	SALUS2BE	18	STETICAL BUSINESS	34	MESOESTETIC	50	MED BEAT
3	HOSPITEX	19	MOLECULAR FARMA	35	SKYMEDIC	51	SLYOU
4	FILORGA	20	IBSA	36	SKYMEDIC	52	FARMODIÉTICA
5	D'AVEIA CEUTICS	21	IBSA	37	ALLERGAN	53	ISDIN
6	FILSAT	22	SORISA	38	ALLERGAN	54	CYNOSURE
7	REFERENCE MEDICAL	23	SORISA	39	MERZ	55	MEDIDERMA
8	REFERENCE MEDICAL	24	FARMÁCIA AV. BRASIL	40	MERZ	56	LASERMAQ
9	BTL	25	GANASSINI	41	ASTERASYS	58	CANDELA MEDICAL
10	BTL	26	LINEA MEDICA	42	ASTERASYS	59	FILLMED
11	BSK MEDICAL	27	IMS	43	INMODE	60	AESTHETICAL CONCEPT
12	ELAN	28	GLUTAMINE	44	INMODE	61	LASERMAQ
13	NAOS	29	GALDERMA	45	SKINSOLUTIONS	62	ASC
14	KLASER	30	GALDERMA	46	SKINSOLUTIONS		
15	ARTHREX	31	EXAKTUS	47	L'ORÉAL		
16	CANTABRIA LABS	32	EXAKTUS	48	L'ORÉAL		

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VENUE
HOTEL THE OITAVOS











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THE
GALA
DINNER
& AWARDS
CEREMONY

GALA DINNER & AWARDS CEREMONY

December 6

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What will be the theme for the 2024 edition?



Wild West 2023



Wild West 2023



Arabian Nights 2022



Masquerade Ball 2021



Roaring Twenties 2019



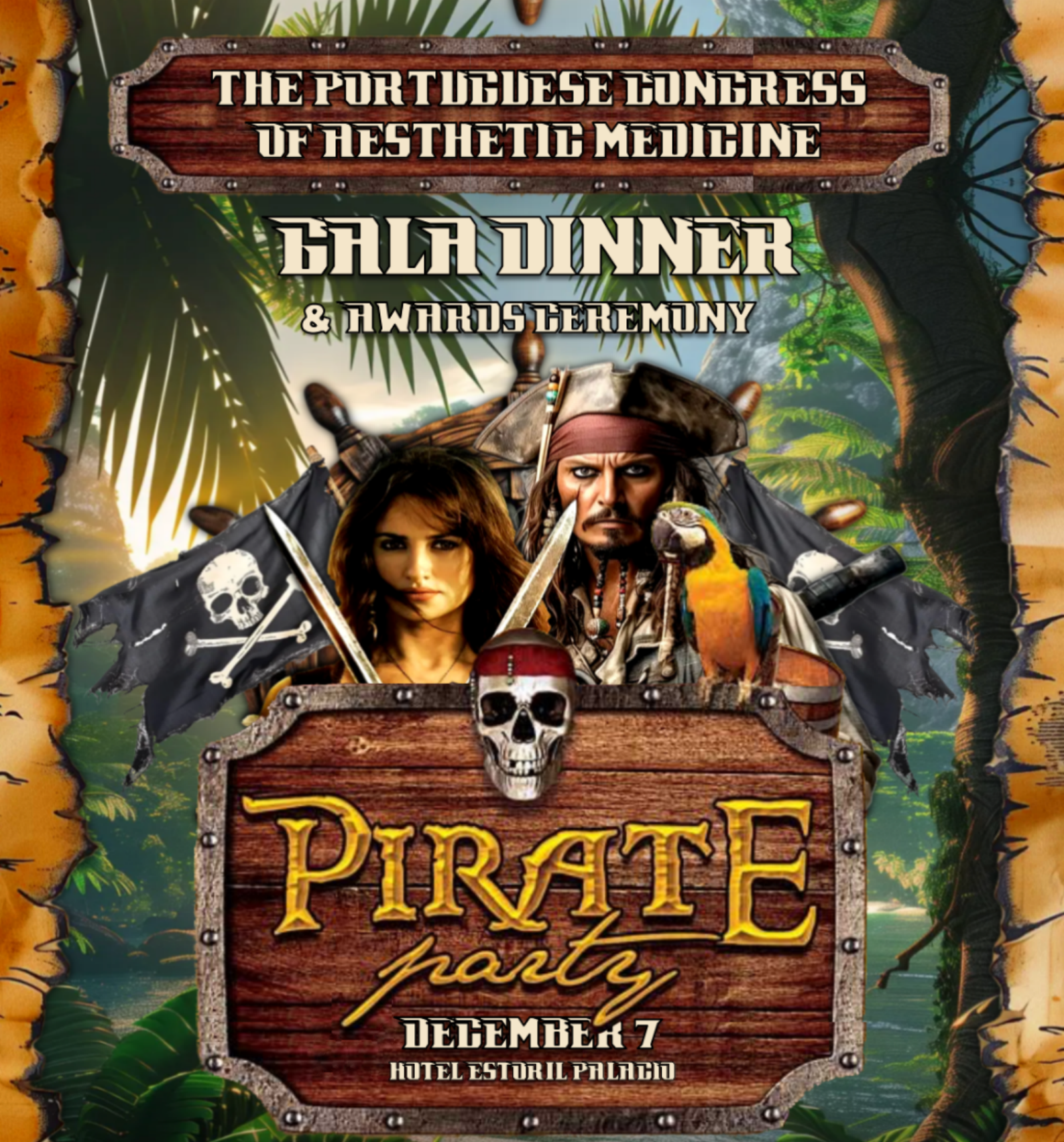
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THE PORTUGUESE CONGRESS OF AESTHETIC MEDICINE

GALA DINNER

& AWARDS CEREMONY



PIRATE party

DECEMBER 7

HOTEL ESTORIL PALACIO

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L'ORÉAL

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THE APP

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AVAIABLE
3rd
December

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Due to the international nature of the event, speakers for workshops, symposiums and live demos will need to be approved in advance by a commission designated for this purpose. Priority will be given to international speakers and Portuguese speakers with proven international experience. the validation committee will consist of Dr Juan Lopez, Dr. Heisman Bruno and Dr. Pedro Alberto Santos.

The company staff registration and attendance is limited exclusively to individuals who have an active employment contract for the function of DIM (also called delegate of medical information) with the company who act as a sponsor for the event. Managing partners of the company are also allowed. The registration of other company staff requires prior validation by SPME and the registration of people external to the company is prohibited. SPME reserves the right to request proof of active employment contract from all those registered under these conditions and, in case of non-compliance with the provisions herein, to cancel the company's participation in the event without any reimbursement. The company that is present at events promoted or organized by SPME expressly accepts that, in the event of a violation or non-compliance with the foregoing, it must indemnify SPME in the total amount of twice the amount paid by the company to be present at the event where the non-compliance occurred, up to at the end of the current calendar year.

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