13th EUROPEAN CONGRESS OF AESTHETIC MEDICINE

7º CONGRESSO NACIONAL DE MEDICINA ESTÉTICA

December 7th, 8th and 9th - Cascais, Portugal

SCIENTIFIC PROGRAM



spme
sociedade portuguesa de medicina estética

Allergan Aesthetics
an AbbVie company

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13th ECAM
EUROPEAN CONGRESS OF AESTHETIC MEDICINE
7th-9th DECEMBER
CASCAIS - PORTUGAL

7º CONGRESSO NACIONAL DE MEDICINA ESTÉTICA

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Welcome Letter

Welcome to the 13th European Congress of Aesthetic Medicine in Cascais, Lisbon!

We are delighted to invite you to the most prestigious scientific gathering of aesthetic doctors, dermatologists, and plastic surgeons.

Aesthetic medicine is a dynamic and ever-evolving field, and our congress aims to bring together the brightest minds and leading experts in the industry. As a participant, you will have the unique opportunity to engage with world renowned physicians who are at the forefront of their respective disciplines. They will share their expertise, present groundbreaking research, and discuss emerging trends that are shaping the future of aesthetic medicine, dermatology and plastic surgery.

The 13th European Congress of Aesthetic Medicine is not just about lectures and presentations, it is a platform for meaningful interactions and collaborations. Connect with colleagues from all over Europe and beyond, exchange ideas, and foster professional relationships that can propel your practice to new heights. In addition to our world-class scientific program, we have curated an exhibition area where leading companies and industry pioneers will showcase their latest products, technologies, and services.

Cascais, Lisbon, with its stunning coastal location and rich cultural heritage, provides an exquisite setting for our congress. Take advantage of your time here to immerse yourself in the local charm, explore the picturesque surroundings, and create unforgettable memories. Save the dates, make your plans, and prepare for an extraordinary experience.

Join us at the 13th European Congress of Aesthetic Medicine and become a part of a community dedicated to excellence in aesthetic medicine.

We cannot wait to welcome you for an unforgettable event that will shape the future of aesthetic medicine in Europe.

Your presence is key to the success of the European Congress. Get ready for an extraordinary experience.

João Pedro Vale
President

General Information

Dates: 7th - 9th December, 2023

City: Cascais, Portugal

Venue: Hotel The Oitavos, , R. de Oitavos, 2750-374 Cascais

Host: SPME, Portuguese Society of Aesthetic Medicine

Website: www.spme.pt/ECAM

The European Congress of Aesthetic Medicine is held under the auspices of the Union Internationale de Médecine Esthétique (UIME).

Board of Directors

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A. Ignaciuk (Poland)

Key Contacts & Dates

The largest Aesthetic Medicine, Plastic Surgery and Dermatology Congress in Portugal will host the 13th European Congress of Aesthetic Medicine.

Important SPME Contacts:

Website: www.spme.pt

Email: secretariado@spme.pt

Key Dates

Workshops: 7th December, 2023

Symposia: 8th - 9th December, 2023

Scientific Sessions: 8th - 9th December, 2023

Exhibit: 8th - 9th December, 2023

Gala Dinner & Scientific Awards: 9th December, 2023

Brand Chat Session

DON'T MISS OUT!

Navigating the Social Media Landscape in Business and Aesthetics

December 8th, 16:00 | Main Room

Join us for an extraordinary session that sets the stage for thought-provoking discussions!

ROBERTA MEDINA, CEO OF ROCK IN RIO, a global phenomenon, will share insights on adapting communication to diverse audiences and evolving trends.

With 30 years of television experience, from a young journalist at RTP to **TVI/ CNN DEPUTY HEAD OF NEWS, JOAQUIM SOUSA MARTINS** brings not only the perspective of one of the most acclaimed journalists in Portugal, but also a unique insight as someone with extensive exposure yet choosing not to maintain an official presence on social media.

Adding to the dynamic lineup is **LUIS GUTIÉRREZ ROJAS**, a **RENOWNED SPANISH PSYCHIATRIST** delving into the intersection of aesthetic medicine demand and mental health.

This exclusive session is part of the 13th ECAM Opening Ceremony and promises a dynamic exploration at the crossroads of brand management, aesthetics, and global trends!





Highlights from the ECAM

Workshops & Symposia

Don't miss the unparalleled **workshops** and **symposiums** at the European Congress of Aesthetic Medicine. Enjoy **free entry** with no pre-registration required, featuring live treatment demonstrations and the latest trends in aesthetic medicine. Hurry, as seating is limited to 90 seats for Premium Workshops, 40 seats for Regular Workshops and 65 seats for Symposiums

SPME Pre-congress Course

Ensure you catch the **100% LIPS**: Comprehensive Lip Enhancement course on December 7th at the European Congress of Aesthetic Medicine, offering in-depth insights and **three live treatments with real patients in a single session. Enjoy free entry** with no pre-registration required, but act fast as seating is limited to 90 participants.

Live Demo by a Star

Don't miss the electrifying Live Demo by a Star session in the **main congress room**! Witness a renowned speaker performing a **treatment live**, free from commercial interests. An unmissable showcase of **expertise**, exclusively for you

SPMEapp

Unlock the **full congress experience** with the SPME App! From program details and exhibitors to interactive sessions, this app has it all. Join us on December 5th and engage directly with speakers through **live interaction during lectures** – an essential tool for maximizing your Congress participation



Juvéderm®

CRIE O EXTRAORDINÁRIO

PRESERVANDO A INDIVIDUALIDADE DE CADA PACIENTE[1]



Allergan Aesthetics
an AbbVie company

A responsabilidade das decisões de tratamento recai sobre o médico responsável pelo tratamento. As necessidades de tratamento devem ser sempre baseadas na avaliação clínica do diagnóstico individual do paciente. Os eventos adversos devem ser relatados à autoridade regulatória local e ao escritório da AbbVie. Consulte as instruções de Utilização dos géneros Juvéderm para obter mais informações e a lista completa de eventos adversos, contraindicações, advertências e precauções.

Referência: 1. de la Guardia C, et al. Facial Plast Surg. 2022 Apr; 38 (2): 116-123.

AbbVie, Lda. Estrada de Alfragide, 67 - Alfrapark - Edifício D - 2610-008 Amadora, Portugal. Tel.: 21 798 840. C.R.C. Amadora NIF 510 239 050 – Capital Social €4.000.000.

PT-JUV-250024 - Data de preparação: outubro 2025

HArmonyCa™

Bem-vindos ao futuro dos híbridos injetáveis



A responsabilidade das decisões de tratamento recai sobre o médico responsável pelo tratamento. As necessidades de tratamento devem ser sempre baseadas na avaliação clínica do diagnóstico individual do paciente. Os eventos adversos devem ser relatados à autoridade reguladora local e ao escritório da AbbVie. Consulte as Instruções de Utilização de HArmonyCa para obter mais informações e a lista completa de eventos adversos, contraindicações, advertências e precauções.
Referência: HArmonyCa™ Lidocaine IFU.

AbbVie, Lda. Estrada de Alfragide, 67 - Alfapark - Edifício D - 2610-008 Amadora, Portugal. Tel.: 211928400. CRC Amadora NIF 510 229 050 - Capital Social €4.000.000.

PT-HAR-230025 - Data de preparação: outubro 2023

Committees

Organizing Committee



João Pedro Vale
Aesthetic Medicine
PT



Henrique Machado
Aesthetic Medicine
PT



Diogo F. Gonçalves
Aesthetic Medicine
PT



Gonzalo Amigo
Aesthetic Medicine
SPA



Pedro Alves
Aesthetic Medicine
PT



Pedro Melo
Aesthetic Medicine
PT



Pedro Cabeça Santos
Aesthetic Medicine
PT



Mário Jorge Santos
Plastic Surgery
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Luis Uva
Dermatology
PT



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BRA



Teresa Pinto de Almeida
Dermatology
PT



António Pinto
Aesthetic Medicine
PT



Inês Abreu
Aesthetic Medicine
PT



Pedro Alberto Santos
Aesthetic Medicine
PT



Miguel Morgado
Aesthetic Medicine
PT

Scientific Excellence Committee



Eduardo Matos
Plastic Surgery
PT



Henrique Oliveira
Dermatology
PT



Joana Vale
Aesthetic Medicine
PT



Jorge Navarro
Aesthetic Medicine
PT



José Cabo Soler
Endocrinology
SPA

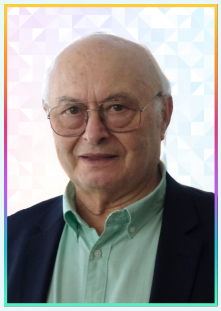
Speakers



Sebastian Cotofana
Anatomist
USA



Hugues Cartier
Dermatology
FRA



António Massa
Dermatology
PT



Fernando Guerra
Dermatology
PT



Emanuele Bartoletti
Plastic Surgery
ITA



Heisman Bruno
Aesthetic Medicine
SPA



Miguel Vieira
Dermatology
SPA



Chrisanthi Karapantzou
Otorhinolaryngology
GER / GRE



Paulo Filipe
Dermatology
PT



Konstantin Frank
Plastic Surgery
GER



José López Estebaranz
Dermatology
SPA



Juliana Neiva
Dermatology
BRA



Petra Vega
Aesthetic Medicine
SPA



Juan López Pitalúa
Aesthetic Medicine
SPA



Jorge Perez
Aesthetic Medicine
SPA



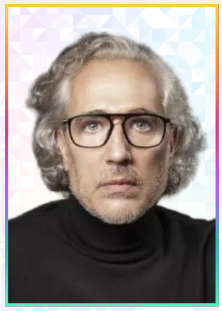
Fernando Urdiales
Aesthetic Medicine
SPA



Fernando Monforte
Aesthetic Medicine
SPA



André Borba
Ophthalmology
BRA



Javier Anido
Aesthetic Medicine
SPA



Ekaterine Ugrekhelidze
Dermatology
GA

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Speakers



Margarida Valejo Coelho
Dermatology
PT



Violette Parzin
Aesthetic Medicine
CH



Paloma Tejero
Aesthetic Medicine
SPA



Paulo Morais
Dermatology
PT



Ibérico Nogueira
Plastic Surgery
PT



David Romero
Dermatology
SPA



Miguel Trincheiras
Dermatology
PT



Zhumatova Gulnar
Aesthetic Medicine
KZ



Steven Harris
Aesthetic Medicine
UK



Volodymyr Tsepkolenko
Dermatology
UA



Andrez Ignaciuk
Aesthetic Medicine
POL



Justo Alcolea
Aesthetic Medicine
SPA



Odalys Torres
Aesthetic Medicine
SPA



Luis Gutiérrez Rojas
Psychiatry
SPA



Eduardo Lima
Aesthetic Medicine
BRA



Sasha Castillo
Aesthetic Medicine
PAN



Mariana Veloso
Dermatology
BRA



Olivas Menayo
Plastic Surgery
ESP



Susana Bordegaray
Radiology
ARG



Rita Gerardo
Pneumology
PT

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Speakers



Eduardo de Frutos
Aesthetic Medicine
SPA



Adriana Relvas
Aesthetic Medicine
PT



Bourra Karim
Aesthetic Medicine
MOR



César Arroyo
Aesthetic Medicine
SPA



Catarina Santos
Aesthetic Medicine
PT



Hasan Subasi
Aesthetic Medicine
TR



Rodrigo Roquette
Anatomist
PT



Alexandra Osório
Dermatology
PT



Elma Bunar
Aesthetic Medicine
CRO



Rita Valença
Plastic Surgery
PT



Tiago B. Fernandes
Plastic Surgery
PT



José Serres
Plastic Surgery
SPA



Isabel Hermenegildo
Aesthetic Medicine
PT



Biscaia Fraga
Plastic Surgery
PT



Enrique Romero
Aesthetic Medicine
SPA



Damian Romero
Plastic Surgery
CUB



Ana Hospido
Aesthetic Medicine
SPA



Marta Serna
Aesthetic Medicine
SPA



Pedro Carrilho
Aesthetic Medicine
PT



Juan Ocana
Dermatology
PT

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Speakers



Juliana Guedes
Endocrinology
BRA



Christoph Martschin
Dermatology
AT



Olivas Menayo
Plastic Surgery
ESP



Filipa Oliveira
Plastic Surgery
PT



Jorge Pérez Torres
Anesthesiology
SPA



Emilce Insua
Aesthetic Medicine
SPA



Vilma Salgado
Aesthetic Medicine
PT



Alia Ramazanova
Aesthetic Medicine
PT



Flávia Barsali
Aesthetic Medicine
PT



José Manuel Fernández
Aesthetic Medicine
SPA



Mónica Gomes Ferreira
Gynaecology
PT



Ricardo Moutinho
Aesthetic Medicine
PT



Daniel Ávila
Aesthetic Medicine
SPA



Mariana Santiago
Aesthetic Medicine
PT



Ilan Karavani
Dermatology
BE



João Martins
Plastic Surgery
PT



Raquel Moreno
Aesthetic Medicine
SPA



Sofia Carvalho
Plastic Surgery
PT



Mónica Gomes Ferreira
Gynaecology
PT



Maria Paladino
Clinical Pathology
PT

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Speakers



Javier Lima Villamil
Aesthetic Medicine
URU



Adriana Rodriguez
Aesthetic Medicine
SPA



Fernando Galcerán Montal
Aesthetic Medicine
SPA



Áurea Lima
Aesthetic Medicine
PT



Rita Ferreira
Aesthetic Medicine
PT



Diogo Forjaz
Dermatology
PT



Sofia Oliveira
Aesthetic Medicine
PT



Rita João
Aesthetic Medicine
PT



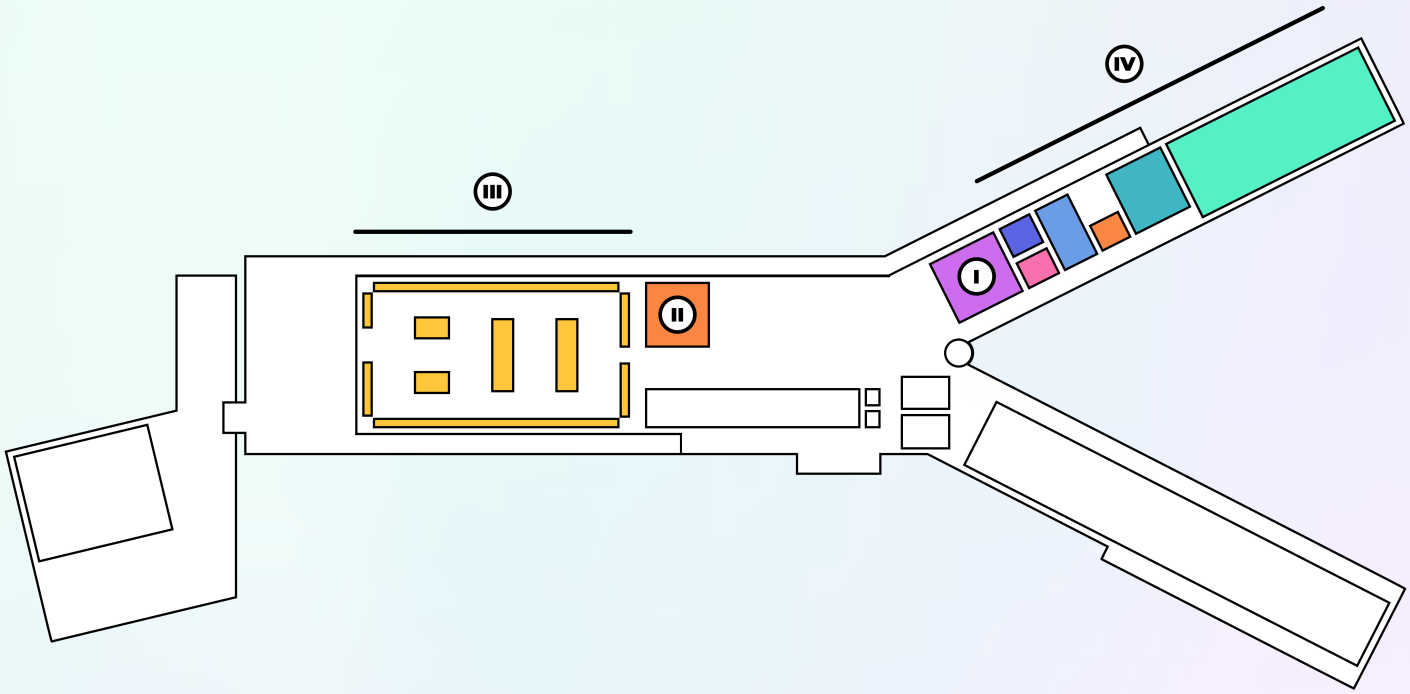
James Olding
Aesthetic Medicine
UK



Isidro Rebelo
Aesthetic Medicine
PT

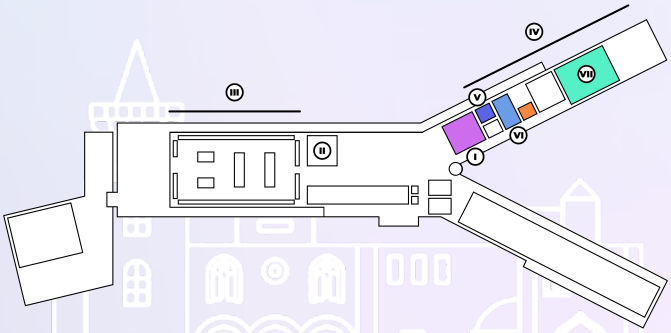


Congress Floor Plan



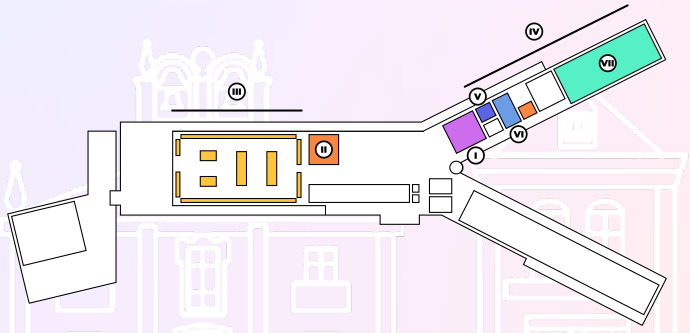
- I ECAM 2023 Registration
- II ECAM 2023 Photocall
- III Exhibition + Food & Beverage
- IV Conference & Breakout Rooms

December 7



- I ECAM 2023 Registration
- II ECAM 2023 Photocall
- III Exhibition + Food & Beverage
- IV Conference & Breakout Rooms
- V SEME
- VI Workshop Standard
- VI Workshop Premium & Courses

December 8 - 9



- I ECAM 2023 Registration
- II ECAM 2023 Photocall
- III Exhibition + Food & Beverage
- IV Conference & Breakout Rooms
- V Speakers
- VI Conference 2 & Symposia
- VI SPME Main Room

Programme at a Glance

December 7th
WORKSHOPS & COURSES

9:30 Registration opening

	PREMIUM ROOM (lasercare)	ROOM (ASTERASYS IBERIA)
10:30	PREMIUM WORKSHOP ALLERGAN	WORKSHOP FILLMED
11:30	PREMIUM WORKSHOP MEDIDERMA	WORKSHOP INMODE
12:30	PREMIUM WORKSHOP CROMA	WORKSHOP SKINSOLUTIONS
13:30		
15:00	PREMIUM WORKSHOP MESOESTETIC	WORKSHOP ASTERASYS
16:00	PREMIUM WORKSHOP SLYOU	WORKSHOP BTL
17:00	PRE-CONGRESS COURSE 100% LIPS	WORKSHOP LASERCARE
18:00		

December 8th
SCIENTIFIC SESSIONS

8:30 Registration opening

	MAIN ROOM (spme)	ROOM
09:00	FACE LIVE DEMO BY A STAR	
10:00	COMPLICATIONS WHEN THINGS GOES WRONG	SYMPOSIA ALLERGAN
11:00	Coffee Break sponsored by **Galderma**	
11:30	FACE & BODY FROM ORDINARY TO EXTRAORDINARY	SYMPOSIA MERZ
12:30	FACE BEYOND WRINKLES: THE ART AND SCIENCE OF BOTULINUM TOXIN	SYMPOSIA SOLTA MEDICAL
13:30	Lunch sponsored by **Sorisa**	
15:00	FACE & BODY BACK TO THE BASICS	SYMPOSIA MEDBEAT
16:00	SPME OPENING CEREMONY	
17:00	Coffee Break sponsored by **SkinSolutions**	
17:30	FACE MY TIPS AND TRICKS	SYMPOSIA GALDERMA
18:30	FACE AVOIDING MISTAKES, THE FUNDAMENTAL	

December 9th
SCIENTIFIC SESSIONS

8:30 Registration opening

	MAIN ROOM (spme)	ROOM
09:00	FACE & BODY LIVE DEMO & SYMPOSIA SPONSORED BY REYU	
10:00	FACE WHATS NEW IN AESTHETIC MEDICINE	BODY AESTHETIC GYNECOLOGY
11:00	Coffee Break sponsored by **Merz**	
11:30	FACE & BODY SKIN FROM PATHOLOGY TO AESTHETICS	TRICHOLOGY HAIR RESTORATION TODAY
12:30	FACE & BODY ILLUMINATING AESTHETICS : LASER & LIGHT THERAPIES	SYMPOSIA SORISA
13:30	Lunch sponsored by **Mesoestetic**	
15:00	FACE & BODY WHY DETAILS MATTER	SYMPOSIA ELAN
16:00	FACE & BODY SHAPING THE FUTURE OF BEAUTY	FACE & BODY FREE COMMUNICATIONS
17:00	Coffee Break sponsored by **Solta Medical**	
17:30	FACE & BODY CONTROVERSIES IN AESTHETIC MEDICINE	FACE & BODY FREE COMMUNICATIONS
18:30	FACE & BODY ADVANCED TRANSFORMATIONS	
21:00	GALA DINNER & SCIENTIFIC AWARDS	

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Scientific Programme

December 7 Workshops & Courses

09:30 Registration opening

10:30

PREMIUM ROOM

WORKSHOP PREMIUM

Allergan

Allergan Aesthetics: The Future of Injectable Hybrids

Luis Uva
Dermatology, PT

ROOM

WORKSHOP

Fillmed

NCTF 135HA: Effective, safe and synergistic bioregeneration in Aesthetic Medicine

Áurea Lima
Aesthetic Medicine, PT

11:30

PREMIUM ROOM

WORKSHOP PREMIUM

Mediderma

Nanotechnology 360°

Javier Lima Villamil
Aesthetic Medicine, URU

ROOM

WORKSHOP

Inmode

Morpheus8 and Evolve: safety and versatility in the progress of aesthetic medicine

Rita Ferreira
Aesthetic Medicine, PT

12:30

PREMIUM ROOM

WORKSHOP PREMIUM

Croma

The new era of rejuvenation with Polynucleotides

Adriana Rodriguez
Aesthetic Medicine, SPA

ROOM

WORKSHOP

Skinsolutions

Forza Laser - New generation of sub-dermal laser for treating localized fat and sagging

Diogo Forjaz
Dermatology, PT

13:30 Lunch Break



Scientific Programme

December 7 Workshops & Courses

15:00 — PREMIUM ROOM (lasercare)

WORKSHOP PREMIUM
Mesoestetic
Complete full face treatment with mesofiller®

Fernando Galcerán Montal
Aesthetic Medicine, SPA

ROOM (ASTERASYS IBERIA)

WORKSHOP
Asterasys
Liftera and Futera: a clinical and practical view of lifting technologies and treatment for skin quality

Pedro Santos
Aesthetic Medicine, PT

16:00 — PREMIUM ROOM (lasercare)

WORKSHOP PREMIUM
Slyou
ToskaniMed - 360° approach: fillers, peelings and mesotherapy

Mariana Santiago
Aesthetic Medicine, PT

ROOM (ASTERASYS IBERIA)

WORKSHOP
BTL
New treatment approaches on facial rejuvenation

Jorge Navarro
Aesthetic Medicine, PT

17:00 — PREMIUM ROOM (lasercare)

SPME PRE-CONGRESS COURSE
100% LIPS
Comprehensive Lip Enhancement, in-depth insights and live demonstrations

Chairman: Juan Lopez
Moderator: António Pinto

Heisman Bruno
Aesthetic Medicine, SPA

Odalys Torres
Aesthetic Medicine, CUB

Catarina Santos
Aesthetic Medicine, SPA

ROOM (ASTERASYS IBERIA)

WORKSHOP
Lasercare
The best artistic & aesthetic options: a medical research experience

Sofia Carvalho
Plastic Surgery, PT

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Scientific Programme

December 8 Scientific Sessions

08:30 Registration opening

09:00 ROOM spme

FACE

Live Demo by a STAR

Non-surgical rhinoplasty, everything you need to know: LIVE TREATMENT

Chairman: Gonzalo Amigo
Moderator: Pedro Alberto Santos

Jorge Perez
Aesthetic Medicine, SPA

10:00 ROOM spme

COMPLICATIONS

When Things Goes Wrong

Polyimplanted patients, case reports

Management of permanent fillers adverse effects

Phenol peel, from the graal to the nightmare

Chairman: Luis Uva
Moderator: Inês Abreu

Susana Bordegaray
Radiology, SPA

Petra Vega
Aesthetic Medicine, SPA

Hugues Cartier
Dermatology, FRA

ROOM

Symposia

Allergan

Allergan Aesthetics: The Full Face Approach

James Olding
Aesthetic Medicine, UK

11:00 Coffee Break sponsored by **Galderma**

11:30 ROOM spme

FACE

From Ordinary To Extraordinary

How to treat a heavy face

Eyes, nose & lips: creating a facial metamorphosis

Autologus regenerative therapy with the guided superficial enhanced fat Injection: my first experience

Chairman: Teresa Pinto de Almeida
Moderator: F. Ibérico Nogueira

Mariana Veloso
Dermatology, BRA

José Manuel Fernández
Aesthetic Medicine, SPA

Andrez Ignaciuk
Aesthetic Medicine, POL

ROOM

Symposia

MERZ

Synergies of the combination between Radiesse® and Belotero®: everything you need to know

João Martins
Plastic Surgery, PT



Scientific Programme

December 8 Scientific Sessions

12:30 — ROOM spme

FACE

Beyond Wrinkles: The Art And Science Of Botulinum Toxin

Can we make botulinum toxin last longer?

Hybrid medical rhinoplasty with BTX and fillers - the Munich approach.

Botulinum toxin: miths and advances

Chairman: João Pedro Vale
Moderator: Violette Parzin

Fernando Monforte
Aesthetic Medicine, SPA

Chrisanthi Karapantzou
Otorhinolaryngology, GER/GRE

José Luis Estebaranz
Dermatology, SPA

ROOM

Symposia

Solta Medical

The impact of the technological evolution in liposuction surgery

Rita Valença
Plastic Surgery, PT

13:30 — Lunch sponsored by **Sorisa**

15:00 — ROOM spme

FACE & BODY

Back To The Basics

SPMEapp Interactive Session

Facial mesotherapy: best injection technique based on therapeutic objectives and active principles used

Chemical Peels: old but gold

Melasma: what can we do in 2023?

Chairman: António Massa
Moderator: Pedro Alves

Sasha Castillo
Aesthetic Medicine, PAN

Margarida Moura Valejo Coelho
Dermatology, PT

Miguel Vieira
Dermatology, SPA

ROOM

Symposia

Medbeat

Regenerative Medicine: the time of Exosomes

Isidro Rebelo
Aesthetic Medicine, PT

16:00 — ROOM spme

SPME

13th European Congress of Aesthetic Medicine Opening Ceremony

Brand Chat: Navigating the Social Media Landscape in Business and Aesthetics

17:00 — Coffee Break sponsored by **SkinSolutions**

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Scientific Programme

December 8 Scientific Sessions

17:30 — ROOM spme

FACE

My Tips And Tricks

What do I do with my portable cautery: tricks and tips

Anatomical tips for the application of threads in the middle and lower third

Diluted hyaluronic acid gel for face rejuvenation: where you should use it and how to do

Chairman: Eduardo Matos
Moderator: Alexandra Osório

Paulo Morais
Dermatology, PT

David Romero
Dermatology/Plastic Surgery, SPA

Konstantin Frank
Plastic Surgery, GER

ROOM

Symposia

Galderma

Alluzience®, the 1st liquid Botulinum Toxin

Christoph Martschin
Dermatology, AT

18:30 — ROOM spme

FACE

Avoiding Mistakes, The Fundamental

The “elephant in the room”: new dermal fillers adverse effects

The overfilled syndrome: approaching and avoiding

Lips: how to avoid mistakes and escape complications

Chairman: Juan López Pitalúa
Moderator: Miguel Morgado

Adriana Relvas
Aesthetic Medicine, PT

Marta Serna
Aesthetic Medicine, SPA

Odalys Torres
Aesthetic Medicine, CUB

Scientific Programme

December 9 Scientific Sessions

08:30 Registration opening

09:00 ROOM spme

FACE & BODY

Live Demo & Symposia Sponsored be REYU

Biofeedback the backbone of health. Natural Rejuvenation with CLEM technology (Closed Loop Electro Modulation)

Ilan Karavani
Dermatology, BE

10:00 ROOM spme

FACE

Whats New In Aesthetic Medicine

Facial lifting with botulinum toxin: targeting the myofibroblasts

Global trend: microneedling and the use of exosomes

The importance of the aesthetic footprint

Chairman: Pedro Melo
Moderator: Juliana Neiva

Juan Lopez
Aesthetic Medicine, BRA

André Borba
Ophthalmology, BRA

Paloma Tejero
Aesthetic Medicine, SPA

ROOM

BODY

Aesthetic Gynecology

Functional and aesthetic restoration of gentle area tissues with minimally invasive procedures

Radiofrequency technologies transform women's sexual health

Regenerative Labioplasty,new approach

Moderator: Jorge Navarro

Isabel Hermenegildo
Aesthetic Medicine, PT

Mónica Gomes Ferreira
Gynecology, PT

Biscaia Fraga
Plastic Surgery, PT

11:00 Coffee Break sponsored by **Merz**

11:30 ROOM spme

FACE & BODY

Skin From Pathology To Aesthetics

Acne scars

Acne Rosacea - a dermatological pathology with an aesthetic approach?

Skin necrosis. A new approach to the treatment of severe complications of aesthetic medicine

Chairman: Paulo Filipe
Moderator: Heisman Bruno

Rita Gerardo
Aesthetic Medicine, PT

Miguel Trincheiras
Dermatology, PT

Volodymyr Tsepkolenko
Dermatology, UA

ROOM

TRICHOLOGY

Hair Restoration Today

Our PRP and Mesotherapy experience in Hair Loss

Hair Transplant: what can go wrong.

Exosomes in trichology. What do we know?

Moderator: Henrique Machado

Karim Bourra
Aesthetic Medicine, MAR

Alia Ramazanova
Aesthetic Medicine, PT

Flávia Barsali
Aesthetic Medicine, PT

spme
sociedade portuguesa de medicina estética

Scientific Programme

December 9 Scientific Sessions

12:30 — ROOM spme

FACE & BODY

Illuminating Aesthetics: Laser & Light Therapies

Laser tattoo removal: how to improve your results?

CO2 laser treatment of wrinkles and eyelid laxity. possibilities and limits

Effectiveness and safety of a narrow band spectrum intense pulsed-light dye with long pulse Nd:YAG laser for treating facial vascular lesions

Chairman: Fernando Guerra
Moderator: Damian Romero

César Arroyo
Aesthetic Medicine, SPA

Justo Alcolea
Aesthetic Medicine, SPA

Fernando Urdiales
Aesthetic Medicine, SPA

ROOM

Symposia

Sorisa

Icoone Medical Cutting-edge technology to treat the face and body skin before and after surgery. Essential support for aesthetic medicine in improving the well-being and health of patients.

Maria Paladino
Clinical Pathology and Biochemistry, IT

13:30 — Lunch sponsored by **Mesoestetic**

15:00 — ROOM spme

FACE & BODY

Why Details Matter

High definition liposuction: the era of athletic bodies

Earlobe repair, fillers and surgery

Hand rejuvenation: its importance in Aesthetic Medicine

Chairman: Tiago Baptista Fernandes
Moderator: Juan Ocana

João Martins
Plastic Surgery, PT

Eduardo Frutos
Aesthetic Medicine, SPA

Emanuele Bartoletti
Plastic Surgery, IT

ROOM

Symposia

Elan

ULTRACOL- 1º PDO líquido injectável. Bioestimulador e Skinbooster

Javier Anido
Aesthetic Medicine, SPA

16:00 — ROOM spme

FACE & BODY

Shaping The Future Of Beauty

International consensus on male aesthetics

Facial Reshaping using ultrasound guidance for an extra layer of safety and precision

The 4th Dimension of Anatomy and its Importance for Aesthetic Medicine

Chairman: Pedro Cabeça Santos
Moderator: Rodrigo Roquette

Javier Anido
Aesthetic Medicine, SPA

Steven Harris
Aesthetic Medicine, UK

Sebastian Cotofana
Anatomist, USA

Scientific Programme

December 9 Scientific Sessions

16:00 — ROOM

FACE & BODY

Free Communications

B-mode and Doppler ultrasound applications in aesthetic medicine

Biostimulators in the vulvar region: safety profile analysis

Menopause and skin: unveiling the impact on Aesthetic Medicine

Moderator: Ricardo Moutinho

Sofia Oliveira
Aesthetic Medicine, PT

Rita João
Aesthetic Medicine, PT

Juliana Guedes
Endocrinology, BRA

17:00 — Coffee Break sponsored by **Solta Medical**

17:30 — ROOM spme

FACE & BODY

Controversies in Aesthetic Medicine

SPMEapp Interactive Session

Controversies in the treatment of adverse HA effects

Body treatments - scientific or empiric?

Alternative treatment strategies for the best aesthetic result

Chairman: José Cabo
Moderator: Diogo F. Gonçalves

Ana Hospido
Aesthetic Medicine, SPA

Emilce Insua
Aesthetic Medicine, SPA

Ekaterine Ugrekhelidze
Dermatology, GEO

ROOM

FACE & BODY

Free Communications

The role of botulinum toxin in improving the quality of life of migraine patients

Why do patients choose aesthetic minimally invasive treatments

Treatment of flaccidity and sagging of the buttocks using calcium hydroxyapatite and PDO threads

Vision loss associated with dermal fillers

Moderator: Pedro Carrilho

Vilma Salgado
Aesthetic Medicine, PT

Filipa Oliveira
Plastic Surgery, PT

Daniel Ávila
Aesthetic Medicine, COL

Jorge Pérez Torres
Anesthesiology, CUB

18:30 — ROOM spme

FACE & BODY

Advanced Facial Transformations

From theory to practice, my approach to full-facial treatment

Jawline improvement: combining BTX, HA and ultrasounds

Combining the micro-lift and percutaneous platysma suspension for minimally invasive cervicofacial rejuvenation

Chairman: Mário Jorge Santos
Moderator: Eduardo Lima

Enrique Romero
Aesthetic Medicine, SPA

Hasan Subasi
Aesthetic Medicine, TR

Olivas Menayo
Plastic Surgery, SPA

21:00

SPME

Gala Dinner & Scientific Awards

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3 MESES DEPOIS DO 4º TRATAMENTO, CORTESIA DE: RICHARD GENTILE, M.D.

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Medical Technologies

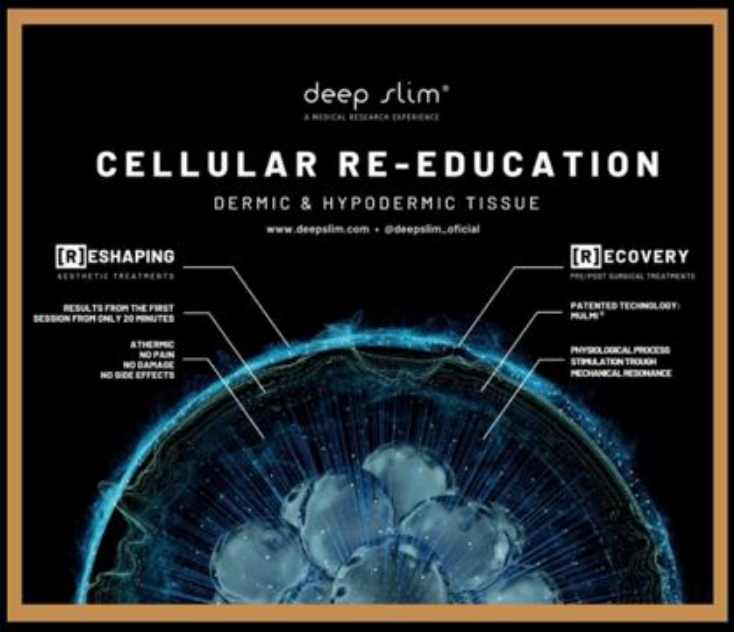


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1) Yang, G. H., Lee, Y. B., Kang, D., Choi, E., Nam, Y., Lee,K. H., You, H. J., Kang, H. J., An, S. H., & Jeon, H. (2021). Overcome the barriers of the skin: exosome therapy. Biomaterials Research, 25(1).

2) Basu, J., & Ludlow, J. W. (2016). Exosomes for repair, regeneration and rejuvenation. Expert Opinion on Biological Therapy, 16(4), 489–506.

2023-051-MB

8/ 12/ 2023
16:00h

Assista ao Simpósio no 13º Congresso Europeu de Medicina Estética

MEDICINA REGENERATIVA:
O tempo dos Exossomas

REGENERATIVE MEDICINE:
The time for Exosomes



Dr. Isidro Ferreira Rebelo

MedBeat AESTHETICS

Este simpósio desvenda as principais características e funções dos exossomas, nanovesículas que transportam fatores de crescimento, lípidos, ácidos nucleicos e proteínas, e o seu impacto na comunicação intracelular e na remodelação da matriz extracelular. Os resultados dos ensaios demonstraram que os exossomas retardam o processo de envelhecimento[1);2)], atuando como uma das soluções atualmente mais sofisticadas na Medicina Regenerativa e Estética.

Na MedBeat Aesthetics trabalhamos para apresentar e disponibilizar o portefólio de produtos mais relevantes para a concretização de procedimentos relacionados com Medicina Estética, e para a prática de Dermatologia e Cirurgia Plástica, dos medicamentos, aos dispositivos médicos e consumíveis.

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13TH EUROPEAN CONGRESS OF AESTHETIC MEDICINE (ECAM) - SPME

A nossa *atividade de formação* ao mais alto nível

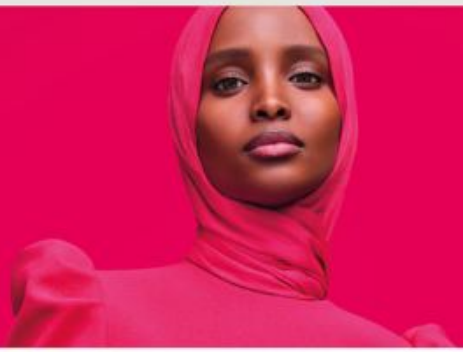
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Sexta-feira, 8 de dezembro

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Dr. Joao Martins
Médico e cirurgião especialista
em cirurgia plástica





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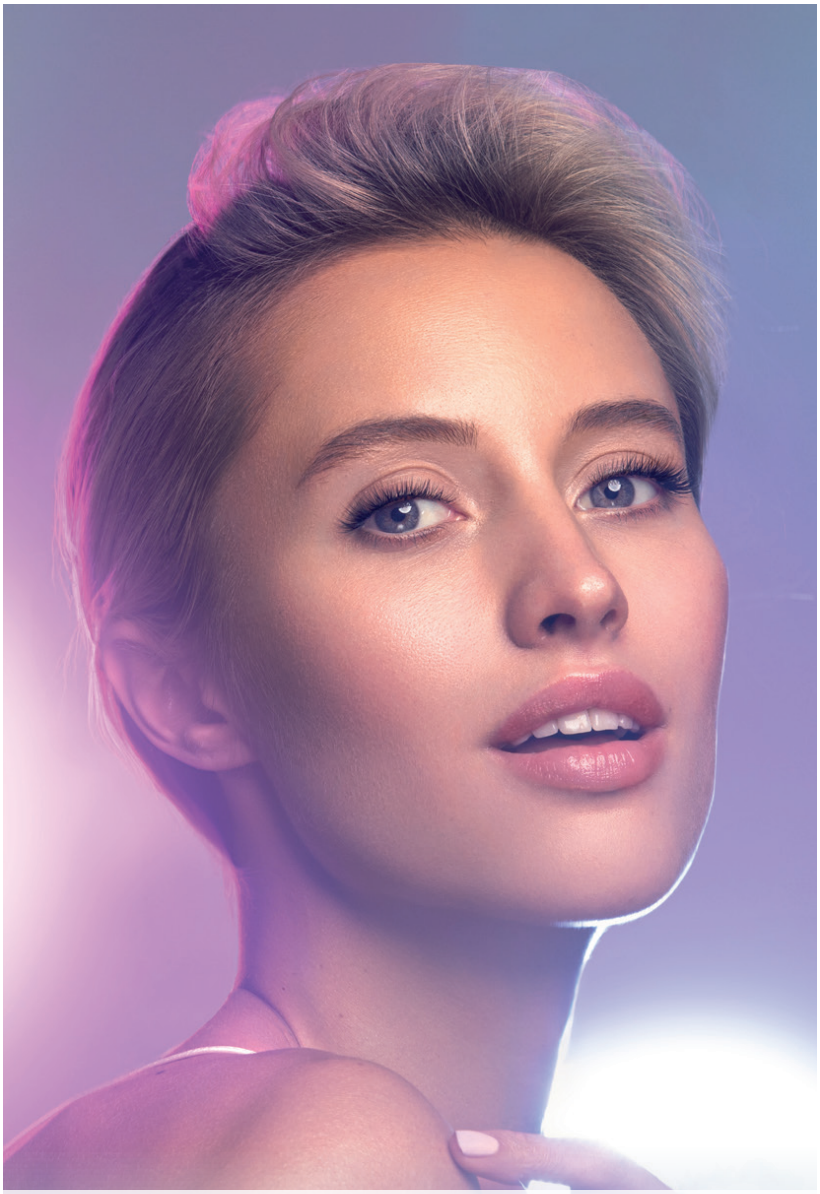
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1 Dayan E, Burns AJ, Rohrich RJ, Theodorou S. The Use of Radiofrequency in Aesthetic Surgery. Plast Reconstr Surg Glob Open. 2020;8(8):e2861. Published 2020 Aug 2017.

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Congress Venue



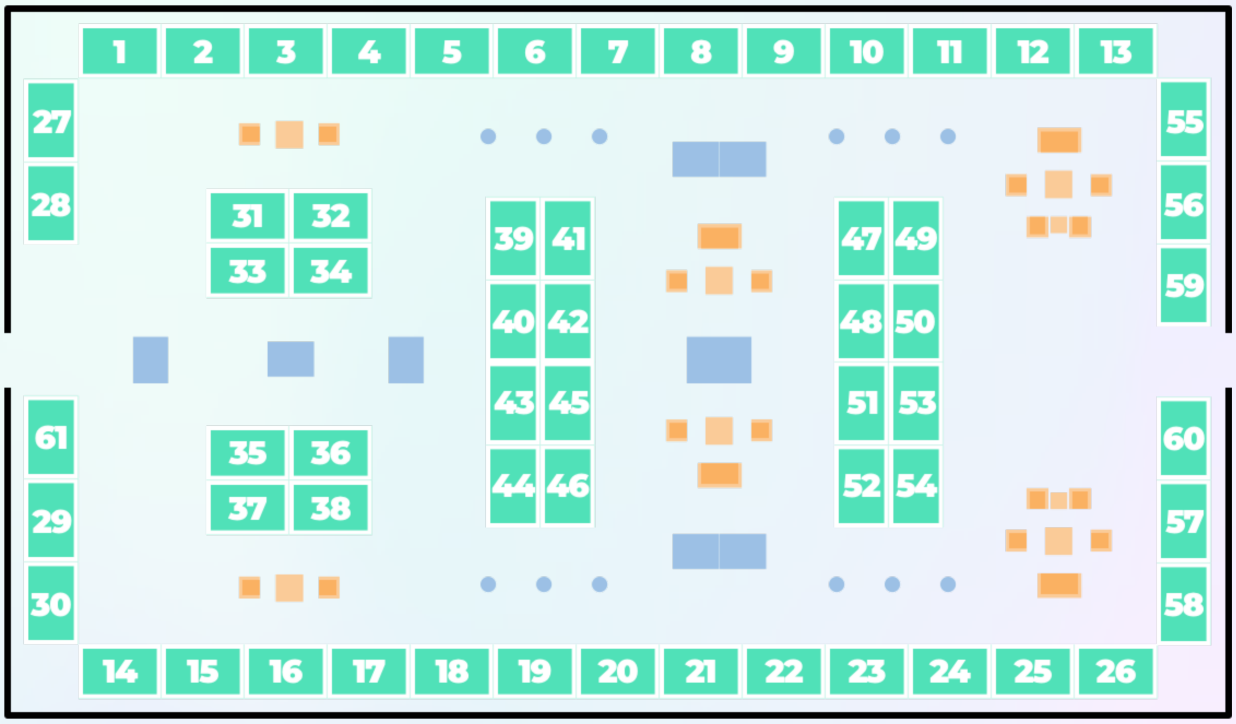








Exhibition Floor Plan



Food & Beverage Lounge

1	Teoxane	17	IMS	33	Martiderm	49	Mesoestetic
2	Cantabria	18	Innoaesthetics	34	Martiderm	50	Mesoestetic
3	Skinceuticals	19	Hospitex	35	Ysonut	51	Asterasys
4	La Roche Posay	20	Sorisa	36	D'aveia Ceutics	52	Asterasys
5	Reference medical	21	Sorisa	37	Delkpharma	53	Skinsolutions
6	Reference medical	22	BTL	38	Fillmed	54	Skinsolutions
7	Lasercare	23	BTL	39	Galderma	55	Reyu
8	Lasercare	24	Kassanel	40	Galderma	56	Naos
9	Inmode	25	Ganassini	41	Medbeat	57	Exaktus
10	Inmode	26	Linea Medica	42	Medbeat	58	Farcoo
11	Elan	27	Isdin	43	Allergan	59	Lasermaq
12	Pierre Fabre	28	Glutamine	44	Allergan	60	ASC
13	Filorga	29	Croma	45	Merz	61	SLYOU
14	Cynosure	30	Mediderma	46	Merz		
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DECEMBER 9TH 21:00

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